

## WELCOME TO ASCENSION

VE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

We are only allowing **between 22 and 44** people in  
**Church and 20 people in Church Hall**

<b>SUN</b>	<b>SEP 13</b>	<b>SUNDAY BEFORE THE EXALTATION OF THE CROSS</b> Gal 6:11-18 Jn 3:13-17 <b>Baptism for Katarina Vitaliya Samson Divine Liturgy for Our Parishioners and HGB June Ann Hall by Mary Ann Drumtra</b> After <b>Blessing Cross</b>
Mon	Sep 14	<b>Exaltation of the Holy Cross</b> (solemn) 8:30am Divine Liturgy for Our Parishioners and + For BRS All Men's Club members by Fr. Alex
Tue	Sep 15	8:30am Divine Liturgy for Our Parishioners and + John Labanish by Betta Labanish After Moleben to the Theotokos -Special Intentions-For Peace in Our Country 7:00pm Men's Club Meting
Wed	Sep 16	8:30am Divine Liturgy for Our Parishioners and HGB Teresa Kearney by Evgene Kokinda
Thu	Sep 17	8:30am Divine Liturgy for Our Parishioners and + Peter Slawuta by June Mathews After Short Bible Reflection 6:00pm "ROSARY" Prayer for Protection and Healing of the coronavirus and all serious illnesses by Men's Club
<b>SUN</b>	<b>SEP 20</b>	<b>SUNDAY AFTER THE EXALTATION OF THE CROSS</b> Gal 2:16-20 Mk 8:34:9:1 <b>Divine Liturgy for Our Parishioners and For + Alda Smith by Oksana Mackowicz</b>

# God bless America!!!

## Prayer to Guardian Angel

Angel of God, my guardian dear, to whom His love commits me here:  
ever this day be at my side, to light and guard, to rule and guide. Amen

**Keep practicing social distancing and use a mask when out and about as we continue through the "reopening" process.**

Coffee will be served by hostesses from the bar in St. Phillip's Hall. Server will pour the coffee, ask if parishioner wants cream/sugar etc. and hand them the coffee. Any pastries served will be individually wrapped.

Servers will be wearing masks and gloves. Parishioners will be wearing masks. After receiving your coffee, you will head out to the new back patio area where social distancing will be maintained. There will be trash cans to deposit your trash when finished.

**No one, except servers, will be allowed to congregate in the Hall or go into the kitchen.** Servers will clean up when finished.

Children's faith formation starting this week. There is still time to enroll your family, and we are excited for coming year! Classes will start online due to Covid-19. Please contact Patty Duttry or Sasha Kusno. Enrollment for children's Eastern Catholic faith formation is still open. Ages 5-17.

Anyone who is interested in learning the liturgical music on their own could take online courses through the Metropolitan Cantor Institute. The

Free courses can be found on their website: <https://mci.archpitt.org/online/>

**Read Full Bulletin online**  
**[www. ascensionva.org](http://www.ascensionva.org)**

### New Information:

Due to the uncertainty of the COVID pandemic, all Yard Sales are postponed until masks are not longer needed to be worn. Only donations of furniture and finer antiques will be accepted due to limited storage space. Please contact Mary Jean Sotack if you have items for donation. Online sales will continue for these items. Thank you for your support!

### HAPPY SEPTEMBER BIRTHDAYS!!

2nd	Lisa Branden
6th	Jacob Cook
8th	Jamie DaQuilanea
14th	Robert Danny Montgomery
14th	Lolly Vinson
20th	Patty Piszko-Dunham
21st	Deborah Kotyk
21st	Sr Alphina Chepter
23rd	Peyton Karlson
24th	Zachary Karlson
27th	Lydia Marin
28th	Lisa Cifrulak Edwards
29th	Christine Noonan
29th	David Efimetz

### FINANCIALS

Total Contributions: Monthly Dues -35.00 Holyday 50.00  
Offertory – 1,367.00 Non-Monetary Donation – 0.00 Fuel –0.00 Rainy Day  
Fund-0.00 Candles –67.00  
IN – \$1,529.00; OUT— \$3,285.50

### Recommendation from Bishop concerning attending Divine Liturgy and receiving Holy Communion.

1. Should you stay home from Divine Liturgy? Please use your own prudence. If you believe you are sick, or you are in danger, you are dispensed from attending, and God will bless you for praying home.
2. Should you avoid receiving Holy Communion on spoon? St. Paul says about communion, “Let each one examine himself.” If you believe you are sick, or that you are in danger because of weak health, and you do not receive, I promise you that God will still bless you with His abundance of graces.

### Prayer to Defeat the Work of Satan

O Divine Eternal Father, in union with your Divine Son and the Holy Spirit, and through the Immaculate Heart of Mary, I beg You to destroy the power of your greatest enemy- the evil spirits. Cast them into the deepest recesses of hell and chain them there forever! Take possession of Your Kingdom which You have created and which is rightfully Yours. Heavenly Father, give us the reign of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I repeat this prayer out of pure love for You, with every beat of my heart and with every breath I take. Amen (Imprimatur March 1973, +Richard H. Ackerman, Bishop of Covington)

### **LIVE-STREAMING DIVINE LITURGY AND PRAYERS**

***Ascension of Our Lord Byzantine Catholic Church*** is providing live broadcasts of Divine Liturgy and prayers on the internet for those who would like to experience our worship and pray with us, but are unable to join us because of limited access due to COVID-19, work, personal illness or distance. Attending the services via live streaming is an aid to sincere devotion but if you are able, we look forward to having you join us in person. For easy access to our Facebook, go to our website, [ascensionVA.org](http://ascensionVA.org) and link to our Facebook page. Past liturgies are also in an archive of videos on our website.

COMMITTEES

Trustees:	Mike Olson, David Efimetz
Bible Study with Coffee:	Linda Lechman
Liturgical/Church Website:	Don Merkely
Men’s Club:	John Alexander
Outreach Cleaning:	Betty Mae Hertz
Property:	Father Alex
Publicity:	Mary Jean Sotack
Security:	Mike Olson
Secretary:	Ann Kelly
Book Keeper	Patty Dutry
Youth:	Sasha Kusno

HOSPITALITY

Please see Bulletin Board at the entrance to St Phillip's Hall for schedule of Lectures, Financial Recorders and Hospitality.

Sanctuary Lamp: HGB Margan Family...Requested by Katarina Margan

Tetrapod Lamp: BRS George Makowiec...Requested by Oksana Makowiec

Theotokos & Child Lamp: HGB Morgan & Kevin Kelly...Requested by Ann Kelly

Christ Teacher Lamp: HGB Patrick Alexander...Requested by Lee & Kathy Alexander

John Baptist Lamp: HGB John Alexander...Requested by Lee & Kathy Alexander

Protection of Theotokos Lamp: HGB JuneAnn and Darren Hall by MaryAnn Drumtra

Spiritual Communion

O Jesus, I turn toward the holy tabernacle where you live hidden for love of me. I love You, O my God, I cannot receive You in Holy Communion. Come, nevertheless, and visit me with Your grace. Come spiritually into my heart. Purify it. Sanctify it. Render it like unto Your own. Amen.

Prayer for Strength

"Holy Spirit, I need You more than ever right now. My heart is hurting, and I feel overwhelmed with loneliness. At this moment, I welcome Your presence, Your peace, and Your love. Thank You for filling me with Your overwhelming comfort, holding me in Your arms and surrounding me with Your healing love. Your Word says that because I’m Your child when I hurt, You hurt too. Thank You for caring about every single detail of my life, wiping away my tears, and for always being here for me. I love You, Lord. In Jesus' name, Amen."

Lord, I’m not praying for miracles and visions, **I’m only asking for strength for my days.** Teach me the art of small steps. Make me clever and resourceful, so that I can find important discoveries and experiences among the diversity of days. Help me use my time better. Present me with the sense to be able to judge whether something is important or not. I pray for the power of discipline and moderation, not only to run throughout my life, but also to live my days reasonably, and observe unexpected pleasures and heights.

**Save me from the naive belief that everything in life has to go smoothly.** Give me the sober recognition that difficulties, failures, fiascos, and setbacks are given to us by life itself to make us grow and mature. Send me the right person at the right moment, who will have enough courage and love to utter the truth!

**I know that many problems solve themselves, so please teach me patience.** You know how much we need friendship. Make me worthy of this nicest, hardest, riskiest and most fragile gift of life. Give me enough imagination to be able to share with someone a little bit of warmth, in the right place, at the right time, with words or with silence. Spare me the fear of missing out on life. Do not give me the things I desire, but the things I need. **Teach me the art of small steps!’**

“A Soulful Prayer by Antoine DE Saint-Exupery”

## Parishioner to Parishioners

To be a Saint – Our call to Catholic Charity.

“So Faith, Hope and Love abide. These three; but the greatest of these is love.” 1Cor 13:13

Charity in its purest sense means love, and encompasses our love for God and our love for others. Each Catholic has a **calling** to love. Love is the ultimate perfection of the human spirit since it is a reflection and glorification of God’s nature.

“Put on then, as God’s chosen ones, holy and beloved, compassion, kindness, lowliness, meekness, and patience, forbearing one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so must you also forgive. And over all these put on love, which binds everything together in perfect harmony.” Col 3:12-14

How to Develop the Virtue of Charity? Answer your **calling**.

We all have some type of talent given to us by God. Those talents were meant to be used to glorify God. Most Catholics do not have the calling of a Mother Teresa. The calling for most of us is more modest, but just as important. So how do we develop it? The formula is to start with those closest to us, starting with yourself and work your way outward. .

Start with ourselves?? Just so. Remember, as baptized Catholics we are a temple for the Holy Spirit. Seek purity in thought, word and deed. Seek not to console yourself with personal pleasure and the illusions of this world, which lead to sin and defilement, but rather seek God. Take care, and respect your temple, body and soul.

Expand your love to your spouse and family. Those we live close to are often the ones we neglect and mistreat. We tend to take them for granted, or take out our frustrations on them because they are, well, available. Our family is a precious gift from God. Showing unconditional love for each of our family members and teaching love and respect to our children is a noble work of love. Similarly, few charitable acts compare to, and are as humbling, as taking care of aged parents and relatives.

Volunteer in your parish. We don’t need to look very far to find individuals or a group to help out. Our own parishes are a great place to offer our help. Start by contacting your pastor and ask how you can help. Start small; so many good volunteers try to do it all, only to find themselves in complete frustration. Most parishes have clubs and organizations that work in and around the church, cleaning, performing maintenance, or assisting with special needs. All parishes have a food basket for the poor, or collect money and clothing to support the poor. When was the last time you dropped off a donation?

We can find no better example of working in our holy churches than the Blessed Virgin Mary. According to tradition, Mary’s parents Saint Joachim and Saint Anne, pledged Mary to the Temple in Jerusalem at the age of three. Mary lived and served in the Temple cleaning, and assisting till the age of fourteen when she was betrothed to Saint Joseph. The various altar guilds we find working faithfully in our churches today carry on this sacred tradition. I am sure the Blessed Virgin is smiling down on them.

Consider getting involved with community charitable organizations. This is a wonderful way to get outside of your immediate community and help those in need. I would recommend staying with a local group and one that you know well. There are unfortunately groups that profess to be charitable organizations that are scamming well intentioned individuals. Do your homework!

In all your works of charity, remember the words in Matthew Chapter 6 and do not seek recognition. Rather do your work for the sake of love and so far as possible without drawing attention to yourself.

“Love is patient and kind. Love is not jealous, or boastful, it is not arrogant or rude, Love does not insist on its own way, it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things.” 1 Cor 13:4-7

Yours in Christ  
Brother Joseph

**Are you aware of any organization or church that is selling used church pews? Desired length 12 feet. If so, please speak to Thomas (Tom) McGraw.**

Thank you again for your continued support and your patience as we work through these challenging times together.

Please pray for me and I will continue to pray for you.  
Let us not forget to pray for our country! God bless you  
Fr. Alex